



BREAKFAST

Served All Day

- Breakfast Sandwich** | toasted brioche bun, arugula with herb vinaigrette, aged cheddar, tomato and fried egg; served with vanilla yogurt 9.99
ADD Wild Boar Bacon 3.99
- Granola** | granola, vanilla yogurt, fresh fruit, honey 8.99
- Benedict On The Bow** | crisp english muffin, poached eggs, back bacon, hollandaise, roasted tomato slices with balsamic reduction 12.99
- Bagel & Cream Cheese** | toasted 12 grain bagel, cream cheese; served with vanilla yogurt 6.99

BEVERAGES

- French Press** 4.99
- Espresso / Decaf Espresso** 3.99
- Cappuccino / Decaf Cappuccino** 3.99
- Latte / Decaf Latte** 3.99
- Americano / Decaf Americano** 3.99
- Mocha, Hot Chocolate** 3.99
- Tea** | English breakfast, Earl Grey, Moroccan mint, China green tea, chamomile blend, peppermint 3.29
- Bottled Water** | San Pellegrino, Acqua Panna, Fiji water
- Coffee, Fountain Pop, Juice, Milk**

STARTERS

- Nachos On The Bow** | tortilla chips, mixed cheese, green peppers, tomatoes, red onions, pimentos, sour cream, salsa 15.99
ADD roasted chicken breast, flank steak, Italian sausage, or pulled pork 4.99
- Warm Pimento Dip** | Italian cherry peppers, aged cheddar, cream cheese, hot sauce; served with naan bites 11.99
- Marinated Bourbon BBQ Meatballs** | Alberta certified angus beef, buffalo trace bourbon, bold BBQ sauce 8.99
- Roasted Tomato Soup** | creamy tomato, fine herbs 6.99
- Wings Over The Bow** | oven roasted; choice of hot sauce, salt & pepper, sweet chili thai, or bold BBQ sauce 1/2 dozen 8.99 1 dozen 13.99
- Parmesan Truffle Popcorn** | truffle butter, sea salt, Grana Padano 6.99
- Alberta Beef on a Skewer** | sweet & spicy Asian marinade, skewered Alberta beef flank steak, sesame seeds 10.99
- Guinness Gravy Poutine** | Baked shoestring fries, Quebec cheese curds 11.99
ADD Pulled Pork 4.99

SANDWICHES

- Flank Steak & Arugula Sandwich** | toasted sourdough, thinly sliced Alberta flank steak cooked to medium, horseradish aioli, caramelized onions, aged cheddar; served with fries 16.99
- Avocado Chicken Club** | toasted sourdough, mayo, roasted chicken, smoked bacon, aged cheddar, lettuce, tomato, avocado; served with fries 16.99
- Bistro Cheese Burger** | two Alberta beef 100% chuck patties, aged cheddar, lettuce, tomato, bbq sauce, mayo, toasted brioche bun; served with fries 15.99
ADD Wild Boar Bacon 3.99
- Grilled Cheese** | toasted sourdough, mozzarella, aged cheddar; served with cup of roasted tomato soup 13.99
ADD Wild Boar Bacon 3.99
ADD Tomato Slices .99

SALADS / BOWLS

- Jasmine Rice Bowl** | Asian marinated vegetables, served with your choice of chicken, beef or vegetables 16.99
- Bistro Cobb** | chopped romaine, shredded cheese, diced tomatoes, diced green peppers, crisp bacon, sliced avocado, hardboiled egg, shaved carrots, buttermilk ranch 15.99
- Caesar Salad** | artisan romaine, grana padano, crispy wild boar bacon 12.99
- Arugula Salad** | toasted walnuts, goat cheese, caramelized onions, seasonal berries, vinaigrette 14.99
- ADD TO ANY SALAD**
Alberta Flank Steak or Roasted Chicken Breast 4.99

PIZZA

- Margherita** | red sauce, mozzarella, fresh basil 12.99
- BBQ Chicken** | BBQ sauce, roasted chicken, mozzarella, red onions, fresh cilantro, diced tomatoes 16.99
- Bistro Deluxe** | red sauce, mozzarella, pepperoni, green peppers, mushrooms 14.99
- Italian Sausage & Fennel** | red sauce, fennel, mozzarella, Italian sausage, caramelized onion 13.99
- Wild Boar & Italian Sausage** | red sauce, mozzarella, Alberta wild boar bacon, spicy Italian sausage, diced red onion 18.99
- Spicy Steak** | tangy sauce, mozzarella, marinated flank steak, diced red onion, pimentos 17.99
- Pulled Pork** | red sauce, mozzarella, marinated pulled pork, roasted pineapple, pimentos 17.99
- Prosciutto Arugula** | red sauce, prosciutto, mozzarella, arugula, Grana Padano, lemon 17.99
- Build Your Own Pizza** | Ask your server for details

DESSERT

- Baked to Order Cookies** | chocolate chunk & salted caramel cookies, scoop of vanilla ice cream 5.99